

## Veggie Pasties

### Veggie Pasty | 9.00

Mushrooms, Potatoes, Carrots, Peas, Onions,  
Celery, Green Onions, Fresh Parsley

### Broccoli Cheddar | 9.00

Organic Broccoli, Onions,  
Appel Farms Cheddar Cheese

### Lentil Curry | 9.00

Lentils, Roasted Red Bell Peppers, Peas,  
Onions, Yogurt, Coconut Milk, Curry

## Breakfast Pasties

### Good Morning Pasty | 7.00

Hempler's Breakfast Sausage, Eggs, Gravy,  
Potatoes, Appel Farms Cheese, Green Onions

### Ham and Cheese | 7.00

Hempler's Ham, Eggs, Appel Farms Cheese,  
Potatoes, Green Onions

## Soups

### Thai Chicken | Tuscan Chicken

### Rosemary Potato Leek | Beef with Red Wine

Soups are available on a rotating basis.

**Small | 3.75    Large | 6.75**

**Family Size | 12.50**

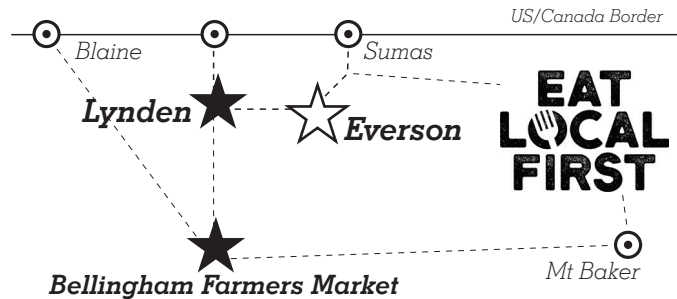
## Sweets

**Apple Turnovers    Pecan Bars**

**Fruit Crisp Tarts    Ice Cream Sandwichs**

**Assorted Fresh Cookies**

## Four locations and Online!



### Everson's Pasty Shoppe

360.966.2400  
128 Main St., Everson

### Lynden's Pasty Shoppe

360.778.1111  
305 Grover St., Lynden

**Hours:** Tuesday-Saturday, 11am to 6pm

### Bellingham Farmers Market

Depot Market Square  
1100 Railroad Ave., Bellingham WA  
**Hours:** Saturday, 10am to 3pm  
April thru December

### Everett Farmers Market

Boxcar Park on Everett Waterfront  
**Hours:** Sunday, 11am to 4pm  
May 14th thru October 15th

### Heating Instructions

Remove from package, heat in oven  
for 15-18 min at 375°F,  
or on low in microwave 1-2 min.

[goodtogomeatpies.com](http://goodtogomeatpies.com)



*Fresh Meat Pasties*

**Handmade  
Farm-to-Table**



**Hot, Chilled or Frozen.**

**Dine In or Take Out.**

*Serving*

**Pasties (Meat Pasties)**

**Sweets**

**Soups**

**Sauces**

360.966.2400

128 Main St.  
Everson

360.778.1111

305 Grover St.  
Lynden

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# Menu

## Meat Pasties

### Beef Pasty | 9.25

Meadow Fed Farms Grass Fed Ground Beef, Potatoes, Carrots, Onions, Rutabaga, Fresh Parsley

### Pot Roast Pasty | 9.50

Country Natural Beef Co-op Ale Braised Chuck, Potatoes, Carrots, Gravy, Green Onions

### Lamb Pasty | 9.50

Mountain States Rosen Natural Domestic Ground Lamb, Peas, Carrots, Onions, Parsley, Fresh Mint

### Chicken Pot Pie Pasty | 9.25

Foster Farms Simply Raised NW Chicken, Potatoes, Carrots, Peas, Onions, Celery, Green Onions, Fresh Parsley

### Curry Chicken Pasty | 9.25

Foster Farms Simply Raised NW Chicken, Potatoes, Peas, Onions, Yogurt, Coconut Milk, Curry

### Jamaican Jerk Pasty | 9.25

Foster Farms Simply Raised NW Chicken, Jerk Spices, Appel Farms Cheddar Cheese, Black Beans, Corn, Green Chiles, Cilantro, Onions

### Pork Empanada | 9.50

Carlton Farms Natural Pork, Onions, Tomatillos, Jalapeños, Fresh Cilantro, Potatoes, Appel Farms Cheddar Cheese

### BBQ Pulled Pork Pasty | 9.50

Carlton Farms Natural Pork, Ty's BBQ Sauce, Corn, Onions, Cilantro

### Italian Pasty | 9.25

Italian Sausage, Roasted Bell Peppers, Mushrooms, Onions, Tomatoes, Mozzarella, Parmesan, Fresh Basil



*"Good To Go Meat Pies combines my love of cooking with my passion for how food is grown and raised."*

Located in the heart of Whatcom County's organic farmland, Good To Go works with many of our local farmers to grow the organic vegetables that make our pasties taste so great. Over the five years since opening we have shifted our meat purchases to farms and co-ops with a focus on natural, humanely raised animals without the use of antibiotics. We proudly list all these farms on our menu. Our commitment to sourcing locally and making delicious food using only the best ingredients has helped us create a loyal following. We look forward to sharing our pasties, the perfect meal wrapped up in our famous buttery crust!

## Farm-to-Table

| Ingredient                         | Farms/Suppliers                              | Availability |
|------------------------------------|--|--------------|
| Organic Flour in <i>all</i> Pastry | Fairhaven Organic Flour Mills, Burlington WA | All Year     |
| Grass Fed Ground Beef              | Meadow Fed Farms, Everson WA                 | All Year     |
| Cheddar Cheese                     | Appel Farms, Ferndale WA                     | All Year     |
| Natural/Humanely Raised Pork       | Carlton Farms Natural Pork, Carlton OR       | All Year     |
| Natural Domestic Lamb              | Mountain States, Rosen CO                    | All Year     |
| Natural/Humanely Raised Chicken    | Foster Farms, Kelso WA                       | All Year     |
| Organic Potatoes                   | Broad Leaf Farm, Everson WA                  | 10 months    |
| Organic Onions                     | Broad Leaf Farm, Everson WA                  | 9 months     |
| Organic Rutabaga                   | Terre Verde Farm, Everson WA                 | 4 months     |
| Organic Fresh Greens               | Terre Verde Farm, Everson WA                 | 5 months     |
| Organic Carrots                    | Hopewell Farm, Everson WA                    | 7 months     |
| Organic Apples                     | Cloud Mountain Farm Center, Everson WA       | 6 months     |

## Best Quality Ingredients Sourced Year-Round

*Locally Grown for us!\**

\*Off Season organic veggies provided by the Bellingham Community Food Co-op